# Australian Imaging, Biomarker & Lifestyle Flagship Study on Ageing

https://neurodegenerationresearch.eu/cohort/australian-imaging-biomarker-lifestyle-flagship-study-on-ageing/ Cohort Acronym

AIBL

## **Cohort type**

Neurodegenerative disease-specific cohort

#### Disease

Alzheimer's disease, Mild cognitive impairment (MCI), Other NDs not listed, Subjective memory complaints (SMC) or subjective cognitive decline (SCD)

## Participant type

Condition diagnosed

#### Profile

Recruitment Period 2006-2008 2010 Sample size at start or planned sample size if still recruiting 2100 Estimated Current Sample Size 0 to 4,999 Age at Recruitment >60 Gender Male and Female Abstract

AIBL is a study of over 2,000 people assessed over a long period of time (over 10 years) to determine which biomarkers, cognitive characteristics, and health and lifestyle factors determine subsequent development of symptomatic Alzheimer's Disease (AD).

The baseline inception cohort consisted of:

- i. 211 individuals with AD as defined by NINCDS-ADRDA (McKhann et al, 1984);
- ii. 133 individuals with Mild Cognitive Impairment (MCI)

iii. 768 healthy individuals without cognitive impairment. This group included volunteers with at least one copy of the ApoE ?4 allele, volunteers without a copy of the ApoE ?4 allele and 396 volunteers who expressed subjective concern about their memory function.

The enrichment cohort consists of:

- i. 142 individuals with AD
- ii. 220 individuals with MCI
- iii. 582 individuals with without cognitive impairment.

The data was collected through clinics and questionnaires.

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Country Australia Contact details Institution name Florey Institute of Neuroscience and Mental Health, Austin Health, Edith Cowan University and CSIRO Website https://aibl.csiro.au/about/ Principal Investiator (PI) Professor David Ames Contact email Email: dames@unimelb.edu.au Contact phone number Funders (Core support) Science and Industry Endowment Fund

# Variables Collected

Brain related measures: Behaviour, Cognitive function, Mental health, Neurological **Funtional rating:** N/A Anthropometric: Blood pressure, Height, Waist circumference, Weight Physical: N/A **Biological samples:** Blood, Cerebral spinal fluid (CSF), CSF biomarker data available, Microbiome, Other, Saliva, Urine **Genotyping:** Gene screening **Brain imaging:** Magnetic resonance imaging (MRI), Positron emission tomography (PET) - amyloid **Brain banking:** N/A Lifestyle: Alcohol, Smoking Socio-economic: Education, Marital status Health service utilisation: Formal health and social care service utilisation including private care