

# Cognitive Function and Ageing Studies Wales

<https://www.neurodegenerationresearch.eu/cohort/cognitive-function-and-ageing-studies-%c2%96-wales/>

## Cohort Acronym

CFAS Wales

## Cohort type

General population-based cohort

## Disease

Alzheimer's disease, Dementia (unclassified), Mild cognitive impairment (MCI), Parkinson's disease

## Participant type

No diagnosis

## Profile

Recruitment Period 2011

Sample size at start or planned sample size if still recruiting 3500

Estimated Current Sample Size 0 to 4,999

Age at Recruitment >65

Gender Male and Female

Abstract

CFAS Wales aims to interview a representative sample of 3,750 people aged 65 and over in two areas in Wales (Gwynedd and Swansea). Using established and standardised techniques it will collect data that will enable the investigation of cognitive impairment, depression, physical disability and healthy active life expectancy for the whole group and within social groups. It will provide a foundation for other collaborative studies that investigate biomarkers and other early indications of risk of cognitive decline, such as imaging. It will investigate factors that may delay the onset of dementia, specifically focussing on the role of bilingualism and social networks. As the participants reside in a bilingual area this is a key opportunity.

*Last update – 13/02/2017*

Country United Kingdom

## Contact details

Institution name Bangor University

Website <http://www.cfas.ac.uk/cfas-wales/>

Principal Investigator (PI) Professor Robert Woods

Contact email PI Email: [\[email protected\]](#)

Contact phone number

Funders (Core support) Economic and Social Research Council

Higher Education Funding Council for Wales

## Variables Collected

**Brain related measures:**

Behaviour, Cognitive function, Mental health, Neurological

**Functional rating:**

Individual physiological, Individual psychological

**Anthropometric:**

Weight

**Physical:**

Cardiovascular, Hearing and Vision, Musculoskeletal, Reproductive, Respiratory

**Biological samples:**

Saliva

**Genotyping:**

N/A

**Brain imaging:**

N/A

**Brain banking:**

N/A

**Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

**Socio-economic:**

Education, Ethnic group, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

**Health service utilisation:**

Formal health and social care service utilisation including private care