

# Cooperative health research in the Region of Augsburg

<https://www.neurodegenerationresearch.eu/cohort/cooperative-health-research-in-the-region-of-augsburg/>

## Cohort Acronym

KORA

## Cohort type

General population-based cohort

## Disease

## Participant type

No diagnosis

## Profile

Recruitment Period 1984-2001

Sample size at start or planned sample size if still recruiting 13000

Estimated Current Sample Size 10,000 to 19,999

Age at Recruitment 25-74

Gender Male and Female

Abstract

KORA stands for “Kooperative Gesundheitsforschung in der Region Augsburg” (Cooperative Health Research in the Augsburg Region). KORA studies are conducted at regular intervals in order to assess the health status of the population in Augsburg and the surrounding area since 1984. The extensive database and biological specimen repository provide an excellent platform for national and international health research. More than 200 research projects a year are conducted with regional, national and international partners. To date, more than 2,000 publications have been issued. The main research areas are:

- Lifestyle and environmental factors as risk factors in the development of chronic diseases
- Identifying new genes for the most important chronic diseases and related risk factors
- Integrating research into risk factors and functional genomics
- Research on health systems: usage, costs and health status

*Last Update 21/09/2017*

Country Germany

## Contact details

Institution name Institute for Epidemiology II

Website <http://www.bioshare.eu/content/kora-cooperative-health-research-region-augsburg>

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## **Variables Collected**

### **Brain related measures:**

Cognitive function, Mental health, Neurological

### **Functional rating:**

N/A

### **Anthropometric:**

Blood pressure, Height, Waist circumference, Weight

### **Physical:**

Cardiovascular, Hearing and Vision, Musculoskeletal, Respiratory

### **Biological samples:**

Blood, Microbiome, Saliva, Urine

### **Genotyping:**

Gene screening

### **Brain imaging:**

Magnetic resonance imaging (MRI)

### **Brain banking:**

N/A

### **Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

### **Socio-economic:**

Education, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

### **Health service utilisation:**

Formal health and social care service utilisation including private care