

# Health 2000/2011

<https://www.neurodegenerationresearch.eu/cohort/health-20002011/>

## **Cohort Acronym**

Health 2000/2011

## **Cohort type**

General population-based cohort

## **Disease**

Alzheimer's disease, Dementia (unclassified), Parkinson's disease

## **Participant type**

No diagnosis

## **Profile**

Recruitment Period 2000-2001/2011-2012

Sample size at start or planned sample size if still recruiting

Estimated Current Sample Size

Age at Recruitment >18

Gender Male and Female

## Abstract

The Health 2000 Survey, carried out in 2000-2001 in Finland, was coordinated by the National Institute for Health and Welfare, THL (the former National Public Health Institute) in co-operation with an extensive network of organizations and experts. The aim of the survey was to provide information on major public health problems, their causes and treatment, health service needs and utilization as well as functional and working capacity. The data for the survey were collected in comprehensive health examination including blood sampling, in interviews and in self-administered questionnaires. The nationally representative sample included 8,028 persons aged 30 or over of whom 85% participated in the health examination conducted at 80 areas in the mainland Finland. In addition, 1,894 young adults (18-29 years) were invited to the health interview and fill in the questionnaire. Further, 1,278 people who had taken part in Mini-Finland Health Survey carried out in 1978-1980 were invited to the re-examination.

The follow-up of the Health 2000 Survey, the Health 2011 Survey, was carried out in 2011-2012. All members of the Health 2000 sample (n=8,135), who were living in Finland in 2011 and had not refused requests to be invited to further studies, were invited to the Health 2011 Survey. In 2011, they were at least 29 years of age. A total of 59% of them participated in the health examination conducted at 59 areas in Finland. In addition, a new random sample of young adults (aged 18-28, n=1,994) was taken. A total of 415 of them were invited to the health examination and the rest of them (1,579) received only the postal questionnaire. Further, 920 people who had previously taken part in the Mini-Finland Health Survey and invited to re-examination in 2001 were invited.

The Health 2000/2011 cohort is also continuously followed-up by linkage to Finnish nationwide registers.

Country Finland

### **Contact details**

Institution name Multiple

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## **Variables Collected**

### **Brain related measures:**

Cognitive function, Mental health, Neurological

### **Functional rating:**

Individual physiological, Individual psychological

### **Anthropometric:**

Blood pressure, Height, Hip circumference, Waist circumference, Weight

### **Physical:**

Cardiovascular, Hearing and Vision, Musculoskeletal, Reproductive, Respiratory

### **Biological samples:**

Blood, Saliva, Urine

### **Genotyping:**

Gene screening

**Brain imaging:**

N/A

**Brain banking:**

N/A

**Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

**Socio-economic:**

Education, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

**Health service utilisation:**

Formal health and social care service utilisation including private care