

# Internet-based Students HeAlth Research Enterprise

<https://www.neurodegenerationresearch.eu/cohort/internet-based-students-health-research-enterprise/>

## Cohort Acronym

I-Share

## Cohort type

General population-based cohort

## Disease

## Participant type

No diagnosis

## Profile

Recruitment Period 2013-2018

Sample size at start or planned sample size if still recruiting 18,800

Estimated Current Sample Size

Age at Recruitment >18

Gender Male and Female

Abstract

i-Share (Internet-based Students HeAlth Research Enterprise) is a new open and prospective cohort on university students' health. Participants are registered in the first years of study initially with the Universities of Bordeaux and Versailles-Saint-Quentin many many other French universities are now participating. Students are followed up with yearly assessments.

The study sets 2 main types of objectives:

1. Evaluate the frequency and impact of several diseases that may have immediate or short-term consequences on health and well-being (e.g. stress and depression, migraine, sexually transmitted infectious diseases, etc.).
2. Biomedical research objectives on the determinants of diseases. We have set up a cerebral MRI study and biobank on a sample of about 2000 participants including DNA and RNA.

Country France

## Contact details

Institution name University of Bordeaux

Website <http://www.i-share.fr/>

Principal Investigator (PI) Christophe Tzourio and Didier Guillemot

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Contact phone number

Funders (Core support) National Research Agency for Investments for the Future

European Research Council

Ministry of Health (PHRC)

## **Variables Collected**

### **Brain related measures:**

N/A

### **Functional rating:**

Individual psychological

### **Anthropometric:**

Blood pressure, Height, Weight

### **Physical:**

N/A

### **Biological samples:**

N/A

### **Genotyping:**

N/A

### **Brain imaging:**

Magnetic resonance imaging (MRI)

### **Brain banking:**

N/A

### **Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

### **Socio-economic:**

N/A

### **Health service utilisation:**

N/A