

Lausanne cohort 65+

<https://neurodegenerationresearch.eu/cohort/lausanne-cohort-65/>

Cohort Acronym

Lc65+

Cohort type

General population-based cohort

Disease

Alzheimer's disease, Parkinson's disease, Subjective memory complaints (SMC) or subjective cognitive decline (SCD)

Participant type

No diagnosis

Profile

Recruitment Period 2004,2009 and 2014

Sample size at start or planned sample size if still recruiting 3500

Estimated Current Sample Size 0 to 4,999

Age at Recruitment 65-70

Gender Male and Female

Abstract

The Lc65+ project is a longitudinal population-based study focusing on the development of frailty after the age of 65. The main methods in the Lc65+ study are:

? long term observation of subjects, beginning at 65 to 70 years, an age when frailty is still unusual, in order to study its initiation and development;

? prospective data collection on a large range of health dimensions, including psycho-social characteristics, in order to investigate the temporal sequence linking frailty, its risk factors, modulators, and outcomes:

? a population approach considering frailty as a central parameter of health in ageing populations that is useful not only for surveillance, but also for the evaluation of preventive interventions.

Follow-up is based on a yearly questionnaire sent by mail to the participant's home. In addition, subjects are invited to the study center every three years for an interview and examination similar to those performed at baseline. The follow-up is unlimited in time and is not interrupted in the case of nursing home admission.

Last Update 21/09/2017

Country Switzerland

Contact details

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Variables Collected

Brain related measures:

Cognitive function

Functional rating:

Individual psychological

Anthropometric:

Blood pressure, Height, Hip circumference, Waist circumference, Weight

Physical:

Hearing and Vision

Biological samples:

N/A

Genotyping:

N/A

Brain imaging:

N/A

Brain banking:

N/A

Lifestyle:

Alcohol, Dietary habits, Physical activity, Smoking

Socio-economic:

Family circumstances, Housing and accommodation, Income and finances, Informal support, Occupation and employment

Health service utilisation:

Formal health and social care service utilisation including private care