

Maastricht Aging Study

<https://www.neurodegenerationresearch.eu/cohort/maastricht-aging-study/>

Cohort Acronym

MAAS

Cohort type

General population-based cohort

Disease

Alzheimer's disease, Mild cognitive impairment (MCI), Subjective memory complaints (SMC) or subjective cognitive decline (SCD), Vascular dementia

Participant type

No diagnosis

Profile

Recruitment Period 1991

Sample size at start or planned sample size if still recruiting 1,823

Estimated Current Sample Size 0 to 4,999

Age at Recruitment 24-81

Gender Male and Female

Abstract

The Maastricht Aging Study (MAAS) was designed to specify the usual and pathological aging of cognitive function. MAAS is devoted to the age-related decline of memory and other cognitive functions in normal people and the factors that may be involved in this process. What determines a decline in memory function? Why do some individuals show a greater decline than others? Over the past years, a host of factors, including biological, medical, psychological and social variables, have been proposed to have an impact on adult cognitive development. MAAS tries to study these factors in an integrative way. This can be achieved only by studying large numbers of normal healthy adults of all ages and by monitoring them for several years.

Country Netherlands

Contact details

Institution name Maastricht University

Website <http://maastrichtagingstudy.nl>

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Variables Collected

Brain related measures:

N/A

Functional rating:

Individual psychological

Anthropometric:

Blood pressure, Height, Hip circumference, Waist circumference, Weight

Physical:

Cardiovascular, Hearing and Vision, Musculoskeletal, Respiratory

Biological samples:

Blood

Genotyping:

N/A

Brain imaging:

Magnetic resonance imaging (MRI)

Brain banking:

N/A

Lifestyle:

Alcohol, Dietary habits, Physical activity, Smoking

Socio-economic:

Education, Income and employment, Marital status, Occupation and employment

Health service utilisation:

Formal health and social care service utilisation including private care