Midlife in the U.S

https://neurodegenerationresearch.eu/cohort/midlife-in-the-u-s/ **Cohort Acronym** MIDUS

Cohort type

General population-based cohort

Disease

Participant type

No diagnosis

Profile

Recruitment Period 1995-6
Sample size at start or planned sample size if still recruiting
Estimated Current Sample Size
Age at Recruitment 25-74
Gender Male and Female
Abstract

The first wave of the MIDUS study collected survey data from a total of 7,108 participants. The baseline sample was comprised of individuals from four subsamples:

- 1. a national RDD (random digit dialing) sample (n=3,487);
- 2. oversamples from five metropolitan areas in the U.S. (n=757)
- 3. siblings of individuals from the RDD sample (n=950); and (4) a national RDD sample of twin pairs (n=1,914).

All eligible participants were non-institutionalized, English-speaking adults in the coterminous United States, aged 25 to 74. Data from the above samples were collected primarily in 1995/96.

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Country USA

Contact details

Institution name UW-Madison Institute on Aging Website http://midus.wisc.edu/scopeofstudy.php Principal Investiator (PI) Dr Carol Ryff Contact email bradler@wisc.edu Contact phone number 608 262 1818 Funders (Core support) National Institute on Aging (NIA)

Variables Collected

Brain related measures:

Behaviour, Mental health, Neurological

Funtional rating:

Individual psychological

Anthropometric:

Blood pressure, Height, Hip circumference, Waist circumference, Weight

Physical:

Cardiovascular, Musculoskeletal, Reproductive, Respiratory

Biological samples:

Blood, Saliva, Urine

Genotyping:

N/A

Brain imaging:

Electroencephalogram (EEG), Magnetic resonance imaging (MRI)

Brain banking:

N/A

Lifestyle:

Physical activity, Smoking

Socio-economic:

Education, Ethnic group, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

Health service utilisation:

Formal health and social care service utilisation including private care