

# Scottish Health Survey

<https://www.neurodegenerationresearch.eu/cohort/scottish-health-survey/>

## Cohort Acronym

SHeS

## Cohort type

General population-based cohort

## Disease

## Participant type

No diagnosis

## Profile

Recruitment Period 1995-2016

Sample size at start or planned sample size if still recruiting 4,659

Estimated Current Sample Size 0 to 4,999

Age at Recruitment >0

Gender Male and Female

Abstract

The Scottish Health Survey (SHeS) provides a detailed picture of the health of the Scottish population in private households and is designed to make a major contribution to the monitoring of health in Scotland.

The series aims to:

- estimate the occurrence of particular health conditions
- estimate the prevalence of certain risk factors associated with health
- look at differences between regions and between subgroups of the population
- monitor trends in the population's health over time
- make a major contribution to monitoring progress towards health targets

Country United Kingdom

## Contact details

Institution name Scottish Government

Website <http://www.gov.scot/Topics/Statistics/Browse/Health/scottish-health-survey>

Principal Investigator (PI)

Contact email [\[email protected\]](#)

Contact phone number Julie Landsberg 0131 244 2368 Andrew Paterson 0131 244 3201 Scott Jackson 0131 244 4098

Funders (Core support) Scottish Government

## Variables Collected

### Brain related measures:

N/A

**Functional rating:**

N/A

**Anthropometric:**

Blood pressure, Height, Hip circumference, Waist circumference, Weight

**Physical:**

Cardiovascular, Respiratory

**Biological samples:**

Blood, Saliva, Urine

**Genotyping:**

N/A

**Brain imaging:**

N/A

**Brain banking:**

N/A

**Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

**Socio-economic:**

Education, Ethnic group, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

**Health service utilisation:**

N/A