The ZARAgoza DEMentia DEPression project

https://neurodegenerationresearch.eu/nl/cohort/the-zaragoza-dementia-depression-project/

Cohort Acronym
ZARADEMP

Cohort type
General population-based cohort

Disease
Alzheimer's disease, Dementia (unclassified), Mild cognitive impairment (MCI), Parkinson's disease, Subjective memory complaints (SMC) or subjective cognitive decline (SCD), Vascular dementia

Participant type
At-risk diagnosis

Profile
Recruitment Period 1991
Sample size at start or planned sample size if still recruiting 1,500
Estimated Current Sample Size
Age at Recruitment >55
Gender Male and Female
Abstract

The ZARADEMP project (ZARAgoza DEMentia DEPression project) was designed as a longitudinal, community-based study to examine the incidence of dementia and the risk factors in incident cases of dementia. It was carried out in Zaragoza, a typical, large city in Spain, with an important proportion of inhabitants coming from surrounding rural areas (12). A stratified random sample of individuals 55 years of age and older, with proportional allocation by age and sex, drawn from the eligible individuals (n = 157 787) in the Spanish official census lists of 1991, was invited to participate in the baseline examination.

Country Spain
Contact details
Institution name
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Funders (Core support) Fondo de Investigación Sanitaria, Instituto de Salud Carlos III, Spanish Ministry of Health

Variables Collected

Brain related measures:
N/A
Funtional rating:
Individual psychological
Anthropometric:
Blood pressure, Height, Weight
Physical:
N/A
Biological samples:
N/A
Genotyping:
N/A
Brain imaging:
Magnetic resonance imaging (MRI)
Brain banking:
N/A
Lifestyle:
Alcohol, Physical activity, Smoking
Socio-economic:
Education, Ethnic group, Family circumstances, Housing and accommodation, Informal support, Martial status, Occupation and employment
Health service utilisation:
N/A