

The ZARAGOZA DEMENTIA DEPRESSION project

<https://www.neurodegenerationresearch.eu/cohort/the-zaragoza-dementia-depression-project/>

Cohort Acronym

ZARADEMP

Cohort type

General population-based cohort

Disease

Alzheimer's disease, Dementia (unclassified), Mild cognitive impairment (MCI), Parkinson's disease, Subjective memory complaints (SMC) or subjective cognitive decline (SCD), Vascular dementia

Participant type

At-risk diagnosis

Profile

Recruitment Period 1991

Sample size at start or planned sample size if still recruiting 1,500

Estimated Current Sample Size

Age at Recruitment >55

Gender Male and Female

Abstract

The ZARADEMP project (ZARAGOZA DEMENTIA DEPRESSION project) was designed as a longitudinal, community-based study to examine the incidence of dementia and the risk factors in incident cases of dementia. It was carried out in Zaragoza, a typical, large city in Spain, with an important proportion of inhabitants coming from surrounding rural areas (12). A stratified random sample of individuals 55 years of age and older, with proportional allocation by age and sex, drawn from the eligible individuals (n = 157 787) in the Spanish official census lists of 1991, was invited to participate in the baseline examination.

Country Spain

Contact details

Institution name

Website <https://www.ncbi.nlm.nih.gov/pubmed/21848704>

Principal Investigator (PI) Professor Antonio Lobo

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Contact phone number

Funders (Core support) Fondo de Investigación Sanitaria, Instituto de Salud Carlos III, Spanish Ministry of Health

Variables Collected

Brain related measures:

N/A

Functional rating:

Individual psychological

Anthropometric:

Blood pressure, Height, Weight

Physical:

N/A

Biological samples:

N/A

Genotyping:

N/A

Brain imaging:

Magnetic resonance imaging (MRI)

Brain banking:

N/A

Lifestyle:

Alcohol, Physical activity, Smoking

Socio-economic:

Education, Ethnic group, Family circumstances, Housing and accommodation, Informal support, Martial status, Occupation and employment

Health service utilisation:

N/A