# **Uppsala Longitudinal Study of Adult Men**

https://neurodegenerationresearch.eu/pl/cohort/uppsala-longitudinal-study-of-adult-men/ **Cohort Acronym** 

**ULSAM** 

### **Cohort type**

General population-based cohort

#### **Disease**

Alzheimer's disease, Frontotemporal dementia, Lewy body disease, Mild cognitive impairment (MCI), Parkinson's disease, Vascular dementia

## Participant type

No diagnosis

#### **Profile**

Recruitment Period 1970-1973
Sample size at start or planned sample size if still recruiting 147
Estimated Current Sample Size 0 to 4,999
Age at Recruitment >50
Gender Male
Abstract

ULSAM is a unique, ongoing, longitudinal, epidemiologic study based on all available men, born between 1920 and 1924, in Uppsala County, Sweden. The men were investigated at the ages of 50, 60, 70, 77, 82 88 and 93 years. The reinvestigations in ULSAM were based on the previous investigations. Full screening and official registry data is available in our databases and more data is continuously added.

Health examination at 93 years of age was carried out between December 2013 and March 2015. To this examination 245 men have been invited. Totally 147 men (60%) participated in the investigation. Of these, 23 men were examined at the hospital and 102 were visited at home by a nurse. In addition, 22 men completed only a questionnaire. To this examination even spouses were invited. In the complete examination 43 spouses have participated and 11 completed only a questionnaire.

Country Sweden

#### **Contact details**

Institution name Uppsala University

Website http://www.pubcare.uu.se/ulsam/Database

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## **Variables Collected**

**Brain related measures:** 

N/A

**Funtional rating:** 

N/A

**Anthropometric:** 

Blood pressure, Height, Hip circumference, Waist circumference, Weight

Physical:

Cardiovascular, Musculoskeletal, Respiratory

**Biological samples:** 

Blood, Cerebral spinal fluid (CSF), If CSF was collected is biomarker data available, Urine

**Genotyping:** 

Gene screening

**Brain imaging:** 

N/A

**Brain banking:** 

Consent for brain donation

Lifestyle:

Alcohol, Dietary habits, Physical activity, Smoking

Socio-economic:

Education, Family circumstances, Housing and accommodation, Martial status, Occupation and employment

Health service utilisation:

Formal health and social care service utilisation including private care