# A multi-faceted intervention to enhance cognition in older people at risk of cognitive decline

https://neurodegenerationresearch.eu/survey/a-multi-faceted-intervention-to-enhance-cognition-in-older-people-at-risk-of-cognitive-decline/

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Institution

**Funder** 

**NHMRC** 

Contact information of fellow Country

Australia

Title of project/programme

A multi-faceted intervention to enhance cognition in older people at risk of cognitive decline

Source of funding information

**NHMRC** 

**Total sum awarded (Euro)** 

€ 400,475

Start date of award

01/01/16

Total duration of award in years

5.0

The project/programme is most relevant to:

Alzheimer's disease & other dementias

**Keywords** 

cognition | cognitive decline | exercise | vitamin d | omega-3 fatty acids

**Research Abstract** 

There is an urgent need to investigate interventions which could reduce the number of people living with dementia in the future. This research aims to improve cognition in older people, experiencing early signs of memory decline, using a multi-modal exercise program combined with dietary supplements. Findings from this research will contribute to primary and secondary dementia prevention approaches.

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Fellowships

### **Member States:**

Australia

### Diseases:

Alzheimer's disease & other dementias

### Years:

2016

# **Database Categories:**

N/A

## **Database Tags:**

N/A