

# Dietary patterns, cognitive performance and cardiovascular risk

<https://www.neurodegenerationresearch.eu/survey/dietary-patterns-cognitive-performance-and-cardiovascular-risk/>

## **Name of Fellow**

Mrs Georgina Crichton

## **Institution**

## **Funder**

NHMRC

## **Contact information of fellow**

## **Country**

Australia

## **Title of project/programme**

Dietary patterns, cognitive performance and cardiovascular risk

## **Source of funding information**

NHMRC

## **Total sum awarded (Euro)**

€ 232,454

## **Start date of award**

01/01/13

## **Total duration of award in years**

5.0

## **The project/programme is most relevant to:**

Alzheimer's disease & other dementias

## **Keywords**

cognitive function | dietary intake | dietary intervention | nutrition | obesity

## **Research Abstract**

Ageing and the growing obesity epidemic are two contributing factors to cognitive decline. This research will identify dietary patterns that are associated with better cognitive function using

data from individuals in Australia, the United States and Europe, and be used to guide dietary strategies to prevent or slow cognitive decline in at-risk individuals. Delaying or preventing the onset of dementia will save the Australian health care system billions of dollars.

**Types:**

Fellowships

**Member States:**

Australia

**Diseases:**

Alzheimer's disease & other dementias

**Years:**

2016

**Database Categories:**

N/A

**Database Tags:**

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