# Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability

https://neurodegenerationresearch.eu/survey/finnish-geriatric-intervention-study-to-prevent-cognitive-impairment-and-disability/

### Title of the cohort

Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability

### **Acronym for cohort**

**FINGER** 

### Name of Principal Investigator

Title Docent, Ass Professor

First name Miia

Last name Kivipelto

### Address of institution where award is held

Institution University of Eastern Finland

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City Kuopio Postcode 70211

### Country

Finland

#### Website

www.thl.fi/finger

### **Contact email**

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### **Funding source**

Academy of Finland Kuopio Univeristy Hospital Univeristy of Eastern Finland Alzheimer Association USA

- 1. The cohort includes, or expects to include, incidence of the following conditions
  - Alzheimer's disease and other dementias

When studies on the above condition(s) are expected to become possible

### 2a. Stated aim of the cohort

Multimodal intervention study in subjects with increased risk for Alzheimer's disease and with slight memory impairment.

### 2b. Features distinguishing this cohort from other population cohorts

Multimodal 2-year intervention study in subjects with increased risk for Alzheimer's disease and with slight memory impairment.

- 3a. i) Number of publications that involve use of cohort to date
- 3a. ii) Up to three examples of studies to date (PI, Institution, Title of Study)
- 3b. Publication list/link to where data or publications are accessible (if available)
- 3c. Information (i.e. research findings) expected to be gained from the population cohort
- 4a. Study criteria: age range of participants at recruitment

Age in years from: 60-75 years

To ('until death' if applicable):

### 4b. Study criteria: inclusion criteria

High dementia risk score (Kivipelto et al 2006) and objective evidenced memory / cognitive impairment

### 4c. Study criteria: exclusion criteria

Dementia, any major disease preventing participation in the intervention

### 5. Size of the cohort (i.e. number of participants enrolled)

• 1,000 – 5,000 participants

### 6a. Measures used to characterise participants

Demographic, health, cognition, functional capacity, cardiovascular fitness parameters...

### 6b. Additional measures for participants with a clinical disorder

### 6c. Are there defined primary and secondary endpoints (e.g. defined health parameters)

No

### 7. Study design

- Other (please specify)
- Randomized intervention study

### 8. Cases matched by

- Age
- Sex

### 9a. Does the study include a specialised subset of control participants

No

# 9b. If yes, description of specialised subset of control participants 10a. i) Data collection start date

01-09-2009

### 10a. ii) Data collection end date

31-12-2013

### 10a iii) Data collection for this study is

Data collection ongoing

### 10b. Plans to continue the cohort study beyond the current projected end date

Yes – intend to apply for funding

### 11. Data collected

- Only through the study
- Through links to medical records
- Through links to other records or registers (such as dental records, police records etc). Please specify
- ###VALUE###

### 12. System in place to enable re-contact with patients for future studies

 Yes (participants have given permission to be re-contacted via the PIs to ask if they would participate in further studies)

### 13a. Format and availability of data stored in a database

Yes/No % available

Data summarised in database

Database is web-based Yes

Database on spreadsheet

Database is on paper No

Other (specify)

### Language used:

### Finnish /English

### 13b. Format and availability of data held as individual records

Yes/No % available

Data held as individual records Yes
Data is web-based Yes
Data held on computer based records Yes

Data held on cards

Other (specify)

### Language used:

Finnish /English

### 14a. Are data available to other groups

Yes

### 14b. Access policy/mechanisms for access if data are available to other groups

Access through collaboration with PI only

# 15. Data sharing policy specified as a condition of use

• No requirement to make data publicly available

# 16a. Are tissues/samples/DNA available to other groups

Yes

# 16b. i) Description of available tissues/samples/DNA

Living donors:blood

Living donors: blood derivatives

• Living donors: DNA

# 16b. ii) Form available tissues/samples/DNA are supplied in

16b. iii) Is the access policy/mechanism for obtaining samples the same as that for obtaining data

Yes

# 17. Is information on biological characteristics available to other groups

No