

# Mood Regulation Using Music: A Community Health Strategy for Improving Quality of Life in People With Mild Dementia

<https://neurodegenerationresearch.eu/survey/mood-regulation-using-music-a-community-health-strategy-for-improving-quality-of-life-in-people-with-mild-dementia/>

## **Name of Fellow**

Dr Sandra Garrido

## **Institution**

## **Funder**

NHMRC

## **Contact information of fellow**

## **Country**

Australia

## **Title of project/programme**

Mood Regulation Using Music: A Community Health Strategy for Improving Quality of Life in People With Mild Dementia

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NHMRC

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€ 408,112

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4.0

## **The project/programme is most relevant to:**

Alzheimer's disease & other dementias

## **Keywords**

dementia | depressive symptoms | aged health | alzheimer disease | depression

### **Research Abstract**

This research aims to improve quality of life in people with dementia via community-based strategies for managing depression using music. The impetus comes from my prior research which shows that depression affects both the way people use music and its impact on the listener, a factor not considered in previous studies. Findings will lay the ground for development of an online tool for promoting effective self-regulation of mood with music for use by patients and caregivers in multiple settings.

### **Types:**

Fellowships

### **Member States:**

Australia

### **Diseases:**

Alzheimer's disease & other dementias

### **Years:**

2016

### **Database Categories:**

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