

# PRIDE – Promoting Independence in Dementia

<https://www.neurodegenerationresearch.eu/survey/pride-promoting-independence-in-dementia/>

## Principal Investigators

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## Institution

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### Country

United Kingdom

## Title of project or programme

PRIDE - Promoting Independence in Dementia

## Source of funding information

ESRC/NIHR

## Total sum awarded (Euro)

€ 3,974,351

## Start date of award

01/03/2014

## Total duration of award in years

5.0

## The project/programme is most relevant to:

Alzheimer's disease & other dementias

## Keywords

### Research Abstract

This programme aims to:

-investigate how lifestyle changes may reduce risk of dementia, and understand the social impact of dementia

-develop and evaluate a social intervention to enhance independence for people with dementia.

The English Longitudinal Study of Ageing (ELSA) cohort which has followed 10,000 older

people over ten years assessing health, wealth, lifestyle and social activities will be analysed to examine dementia prevalence amongst older people, and the potential impact of lifestyle changes (eg exercise) on how cognitive abilities change over time. The study explores the concerns and experiences people have (eg loss of independence) when referred to memory services, at diagnosis, and for the following two years.

A consultation with people with dementia and their carers, and an appraisal of research evidence will be used to develop a social intervention to promote lifestyle changes to enhance cognition (eg computer use) and independence. The social intervention delivered by a dementia advice worker will be evaluated in a large clinical trial in UK memory services to assess benefits to independence and quality of life.

Training and development opportunities for all grades of researcher will develop capacity for research in dementia care.

### **Lay Summary**

**Further information available at:**

#### **Types:**

Investments > €500k

#### **Member States:**

United Kingdom

#### **Diseases:**

Alzheimer's disease & other dementias

#### **Years:**

2016

#### **Database Categories:**

N/A

#### **Database Tags:**

N/A