Supporting Activity Engagement in People with Huntingdons Disease: A Phase II Evaluation (Acronym ENGAGE-HD)

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Contact information of fellow Country

United Kingdom

Title of project/programme

Supporting Activity Engagement in People with Huntingdons Disease: A Phase II Evaluation (Acronym ENGAGE-HD)

Source of funding information

Health and Care Research Wales

Total sum awarded (Euro)

€ 770,629

Start date of award

01/01/13

Total duration of award in years

4.0

The project/programme is most relevant to:

Huntington's disease

Keywords

Health Services | Neurological

Research Abstract

This study aimed to evaluate muscle weakness due to a range of central and peripheral mechanisms in a range of neurological disorders and the related functional impact thereof. Specific focus was on evaluating methods to assess community mobility and factors that were influential on participation. This was one of the first studies to highlight the importance of evaluating the impact of interventions in neurological disorders using direct community based measures rather than instantaneous hospital based assessments. Outputs included 6 publications in peer reviewed journals and numerous published abstracts from conference proceedings. The measurement of mobility and investigation of community activity levels has continued to be an important methodology in my post-doctoral work.

It was also at this time that my attention became focussed on the importance of physical activity and exercise, and how specifically limited people with neurological conditions are in their daily physical activity. Furthermore, I became interested in the barriers to participation in physical activity and the ways in which changing physical activity behaviours could be achieved.

Types:

Fellowships

Member States:

United Kingdom

Diseases:

Huntington's disease

Years:

2016

Database Categories:

N/A

Database Tags:

N/A