

# Optimising Quality of Sleep Among Older People in the Community and Care Homes: An integrated approach

<https://neurodegenerationresearch.eu/survey/title-of-pioptimising-quality-of-sleep-among-older-people-in-the-community-and-care-homes-an-integrated-approach/>

## Title of project or programme

Title of PI Optimising Quality of Sleep Among Older People in the Community and Care Homes: An integrated approach

## Principal Investigators of project/programme grant

Title	Forname	Surname	Institution	Country
Professor Sara	Arber		University of Surrey	UK

## Address of institution of lead PI

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## Country

- United Kingdom

## Source of funding information

Economic and Social Research Council

## Total sum awarded (Euro)

2710480.62

## Start date of award

01-12-2006

## Total duration of award in months

54

## The project/programme is most relevant to

- Alzheimer's disease and other dementias

## Keywords

Sleep, older people, fall, depression, dementia

### **Research abstract in English**

**In which category does this research fall?**

- Health and social care research

### **Lay Summary**