

Towards resilience in family caregiving for people with dementia

<https://www.neurodegenerationresearch.eu/survey/towards-resilience-in-family-caregiving-for-people-with-dementia/>

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Country

Ireland

Title of project or programme

Towards resilience in family caregiving for people with dementia

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Health Research Board / The Atlantic Philanthropies

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3.0

The project/programme is most relevant to:

Alzheimer's disease & other dementias

Keywords

Research Abstract

The Irish National Dementia Strategy (2014) recognises that dementia can adversely affect carers' health, social and economic circumstances and relationships, and stresses the importance of 'a whole community approach' in which social connectedness and social environments are the means of ensuring that remaining at home with dementia is a feasible option. These outcomes can be achieved if the carer is more resilient, that is, has the resources

to counterbalance the negative effects of adversity and make positive adaptation to the demands of caregiving. Resilience is a function of the individual's internal resources, such as self-efficacy, and the ability to use external resources, such as services and family and other social support systems as a way of coping with stressors of caregiving. The aim of the study is to develop and promote resilience in family carers of people with dementia. The study will be conducted within a participatory action research framework and will be developed in three stages. Stage 1 will involve a systematic review of literature on resilience and resilience-enhancing interventions and initiatives in family caregiving. It will also involve a national survey of family carers aimed at measuring resilience and related psychosocial factors and data-mining of an existing dataset of family carers to measure key variables associated with psychosocial effects of caregiving in dementia. Stage 2 will involve the development of an Enhancing Carers' Resilience (EnCaRe) programme for family caregivers. The programme will be co-created by a network group comprising family carers of people with dementia and the members of the research team. Stage 3 will involve the conduct of a study to determine the feasibility of the programme, including its acceptability among family carers. The findings of the study will provide important new evidence on carer resilience and will inform policy, carer supports and interventions.

Lay Summary

Further information available at:

Types:

Investments > €500k

Member States:

Ireland

Diseases:

Alzheimer's disease & other dementias

Years:

2016

Database Categories:

N/A

Database Tags:

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