

HOMESIDE

A HOME-based Spousal caregiver-delivered music Intervention for people living with Dementia: A Randomised Controlled Trial

Our project aims to address the need for improved informal care by training cohabitating spouse caregivers to implement music interventions that target behavioural and psychological symptoms of dementia, and the quality of life and wellbeing of people with dementia, and of family caregivers.

Our international randomised controlled trial involving 495 dyads from Australia, Germany, UK, Poland and Norway, will test the effectiveness of a 3-month home-based music program on the behavioural and psychological symptoms of dementia and quality of life of the person living with dementia, relationship quality between caregiver and person with dementia, and depression, resilience, competence, quality of life of the family caregiver.

Our clinical trial will compare the music intervention delivered by family caregivers, with usual care, and with an alternative active intervention (reading).



Total Funding: 2.4 M€



Duration : 3.5 years

Coordinator : Felicity Baker
✉ : felicity.baker@unimelb.edu.au



Felicity Baker

Project Partners

	Felicity Baker	The University of Melbourne, Australia
	Karete Stensæth	Norwegian Academy of Music (NAM), Norway
	Helen Odell-Miller	Anglia Ruskin University (ARU), UK
	Thomas Wosch,	University of Applied Sciences Würzburg-Schweinfurt (FHWS), Germany
	Anna Bukowska	University of Physical Education (UPE), Poland